

## Going to Outdoor School

On Sunday, \_\_\_\_\_, I will go to \_\_\_\_\_.  
Date School

At 2:45pm. I will meet \_\_\_\_\_, the teacher I will be  
Teacher's name

going to Outdoor School with. There will be other 6<sup>th</sup> graders from my school waiting for the bus to take us to \_\_\_\_\_.  
Outdoor school site

I will pack a lot of things to take to Outdoor School, like a sleeping bag and pillow, clothes for everyday, and my toothbrush and hairbrush.

Outdoor School is a special kind of school. We eat, go to bed and sleep, wake up, and do lots of fun activities at Outdoor School.

I will learn about plants, animals, water and soil. I will go on hikes, play games, learn new songs and make new friends.

I need to stay with my group, so everyone has fun and stays safe.

I will have good behavior at Outdoor School. Good behavior means I stay with my group, ask for help when I need it, follow directions, and listen to adults.

Outdoor school will be a fun time.

## Being kind to others

Outdoor School is a lot of fun. I will meet lots of new people.

I will get to do lots of activities with other kids from my school and from other schools.

When I am kind to other students, then we will have fun doing things together. Then we can be friends.

I can be a good friend by being kind and not hurting others.

Making new friends is fun and my student leader and teacher will be proud of me.

## Staying in a cabin with other kids and keeping the cabin clean

When I am at Outdoor School I will be staying in a cabin.

There will be other kids staying in my cabin too.

When kids share an area with other kids they try their best to keep the area clean, this is a good idea.

Keeping the area clean would include having my bed made, putting my clothes away, and tucking my shoes under my bed.

When I am at outdoor school I will try my best to keep my area clean.

Having a clean cabin area will make my cabin mates and cabin leaders feel comfortable.

A clean cabin may also earn my cabin an exceptional rating when cabin inspectors do checkups.

## Cabin time

When I am at Outdoor School I will have cabin time.

During cabin time many different things might happen such as, relaxing time, cabin constitution, practicing a skit or quiet games.

Most kids try to participate in these activities and follow the cabin rules, this is a good choice.

During cabin time I will try hard to participate in these activities in a respectful way.

By doing this I will make my Outdoor School experience really fun!

## Eating in the dining hall

The dining hall is a room where I will be eating breakfast, lunch and dinner while I am at Outdoor School.

Most students will try their best to stay calm and use a quiet voice when they are in the dining hall.

This is a good idea because the dining hall can get very loud with lots of excited students.

When I am in the dining hall it is a good idea for me to use a quiet voice and to remember my calming strategies.

I will try my best to do this in the dining hall.

By using a quiet voice I will make the kids at my table happy to be sitting next to me.

## The dining hall can get noisy

In the dining hall there may be several different things happening at once.

All the movement may cause a lot of noise in the dining hall.

Most kids can handle the noise in the dining hall, but I may not be able too. This is okay.

If I am feeling frustrated by the noise there are a few things I can do that would be safe choices.

I can find my student leader or my teacher and ask them to eat with me in a quieter area. I may also be allowed to invite another student to join us.

Another option would be to use my calming strategies.

By using my calming strategies I will be able to get myself back to calm and the noise may not bother me anymore.

By choosing a safe choice I will make my teacher, table mates, and fellow campers feel safe around me and proud to be my friend.

## Field Study

During field study there will be group discussion time.

I might have a question during this time.

Most students raise their hand when they have a question, this is a good idea.

I will try to raise my hand when I have a question.

This will make my field instructor and fellow students happy.

## Weather

When I am at Outdoor School the weather may be unpredictable.

This means that the weather can change from sunny to rainy in a matter of minutes.

Having unpredictable weather can be very frustrating but most people try to be flexible.

Being flexible means they have a positive attitude and try to have fun regardless of the weather. This is a good idea.

If the weather changes while I am at Outdoor school I will try my best to be flexible and keep a positive attitude.

By doing this my Outdoor School experience will be filled with fun.



## Class Meeting

At Outdoor School my teacher will be leading class meetings with all of the kids from my school.

During this time my teacher may ask me to do various things such as sing, write in my journal, or participate in a game.

Most of me classmates will take part in this because it will be a fun experience and a good time to bond with the kids from my school.

I should try to participate in my class meetings, by doing this I may make new friends and I will have fun.

I will also make my teacher proud.

## Campfire

After dinner and class meeting time, everyone gets to go to a campfire.

I will probably take my coat with me to campfire because it can get cold.

The campfire area has a stage, a place for a campfire and benches for people to sit on.

I will sit with my cabin group and student leader, we will have a cabin call that we practiced earlier in the day.

The program leaders will build a fire in the fireplace. The student leaders and staff teach songs and cabin groups perform skits. It is a good idea to be quiet while others are performing on stage.

Most kids participate by singing along with the songs. I can sing along if I want.

When it is close to bedtime, the student leaders or staff will sing quiet songs and tell stories. Instead of clapping they ask students to hold up their hands to show you liked the song or story.

After campfire I will walk back to my cabin with my student leader and cabin group. We will get ready for bed quietly and then go to sleep. Tomorrow will be another fun day at Outdoor School.