

SUGGESTED CLOTHING AND EQUIPMENT LIST FOR STUDENT LEADERS

BEDDING

Sleeping bag or three-blankets and sheets

Extra blanket

Pillow and case

CLOTHING

Pajamas

Slippers

Shower sandals

Sturdy shoes

Sturdy boots (waterproof)

5 pairs socks

5 shirts

4 pairs jeans/long pants

Warm jacket

3 sweaters or sweatshirts

6 pairs underwear

Rain coat, hat, gloves

Shorts

PERSONAL ITEMS

Bath towels (2 or 3)

Hand towel

Wash cloth

Soap and container

Comb and brush

Toothbrush and toothpaste

Sun Screen - Lip balm

Facial tissue

Razor

Shampoo and conditioner

Hair Dryer

Insect Repellent – non aerosol

Lip balm

OPTIONAL ITEMS

Musical instrument

Camera and film

Books with short stories or
fairy tales and legends

Poster to decorate the cabin

Pen and pencils

GENERAL EQUIPMENT AND USEFUL ITEMS

Watch (This is important)

2 large plastic garbage bags (for dirty clothes)

Letter writing materials and stamps

Small container of soil (1/2 cup) from your home
for the soil ceremony

Travel Alarm Clock

Flashlight

The above items represent a **SUGGESTED** list for Student Leaders. Please do not purchase new items just to satisfy the items on the list! You can borrow items from other people ... use old, but clean clothes ... buy used boots/rain coats from second-hand stores or thrift shops, etc. Please mark all your items with your name. This makes it easier to find if lost or misplaced.

The students **will not** be allowed to bring mp3 players, tablets, cell phones, comics, card games, gum, candy, food, money, or pocket knives. Please follow these guidelines, and please do not bring cologne, strongly scented body spray or perfume--many students are sensitive to these products. Thanks for your help.

Please note! Do not bring valuable or expensive items! The Multnomah Education Service District cannot be responsible for lost or stolen property.